

## Föstudagur

Tími	Hlaup	Hástökk	kringla	Kúla	Langstökk1	Spjót
17:00:00		S10-11		S14-15		
17:01:00		P12-13		S16+		
17:30:00			P14-15			
17:31:00			P16+			
18:00:00		S12-13	S14-15	P14-15		
18:01:00		P10-11	S16+	P16+		

## Laugardagur

Tími	Hlaup	Hástökk	kringla	Kúla	Langstökk1	Spjót
11:00:00	P10-11,60	S14-15			P14-15	
11:01:00		S16+			P16+	
11:10:00	S10-11,60			P10-11		
11:20:00	S12-13,80					S10-11
11:30:00	P12-13,80					
11:40:00					S12-13	
11:50:00	P16+,100					
12:00:00	P14-15,100			S10-11		
12:10:00	S14-15,100					
12:10:00	S16+,100					
12:30:00					P12-13	S12-13
12:40:00	P16+,110gr					
12:50:00	P14-15,100gr					
13:00:00	S16+,100gr			S12-13	P10-11	
13:10:00		P14-15				
13:11:00		P16+				
13:20:00	S14-15,80gr					P12-13
13:40:00	S12-13,80gr				S10-11	
13:50:00	P12-13,80gr					
14:00:00						P10-11
14:10:00	S16+,200m					
14:20:00	P16+,200m			P12-13		
14:40:00					S14-15	P14-15
14:41:00					S16+	P16+
14:50:00	P10-11,400					
15:00:00	S10-11,400					
15:20:00	S12-13,600					S14-15
15:21:00						S16+
15:30:00	P12-13,600					
15:50:00	P14-15,800					
15:51:00	P16+,800					
16:00:00	S14-15,800					
16:01:00	S16+,800					