

<b>Tímaseðill - Laugardagur 22.2</b>					
<b>Grein</b>	<b>Call room opnar</b>	<b>Call room lokar</b>	<b>Á völlinn</b>	<b>Grein byrjar</b>	<b>Verðlaunaafhending</b>
Hástökk kvenna	12:20	12:40	12:41	13:00	14:40
60m karla - riðill 1	12:30	12:50	13:57	13:00	
60m karla - riðill 2	12:34	12:54	13:01	13:04	
60m karla - riðill 3	12:38	12:58	13:05	13:08	
Stangarstökk karla	12:00	12:20	12:21	13:00	15:00
60m kvenna - riðill 1	12:50	13:10	13:17	13:20	
60m kvenna - riðill 2	12:54	13:14	13:21	13:24	
60m kvenna - riðill 3	12:58	13:18	13:25	13:28	
Langstökk karla	12:50	13:10	13:11	13:30	14:50
1500m karla	13:30	13:50	13:57	14:00	14:15
1500m kvenna	13:40	14:00	14:07	14:10	14:25
Kúluvarp karla	13:50	14:10	14:11	14:30	15:10
60m kvenna - úrslit	14:05	14:25	14:31	14:35	14:42
60m karla - úrslit	14:15	14:35	14:41	14:45	14:55
Langstökk kvenna - úrslit	14:05	14:25	14:26	14:45	15:50
400m kvenna - riðill 1	14:35	14:55	15:01	15:05	15:12
400m kvenna - riðill 2	14:39	14:59	15:06	15:09	
400m karla - riðill 1	14:45	15:05	15:12	15:15	15:30
400m karla - riðill 2	14:49	15:09	15:16	15:19	
400m karla - riðill 3	14:53	15:13	15:20	15:23	

<b>Tímaseðill - Sunnudagur 23.2</b>					
<b>Grein</b>	<b>Call room opnar</b>	<b>Call room lokar</b>	<b>Á völlinn</b>	<b>Grein byrjar</b>	<b>Verðlaunaafhending</b>
200m kvenna - riðill 1	12:30	12:50	12:57	13:00	13:35
200m kvenna - riðill 2	12:33	12:53	13:00	13:03	
200m kvenna - riðill 3	12:36	12:56	13:03	13:06	
200m kvenna - riðill 4	12:40	13:00	13:07	13:10	
200m kvenna - riðill 5	12:44	13:04	13:13	13:14	
Þrístökk karla	12:15	12:35	12:36	12:55	13:40
Stangarstökk kvenna	12:00	12:20	12:21	13:00	14:40
200m karla - riðill 1	12:50	13:10	13:17	13:20	13:45
200m karla - riðill 2	12:53	13:13	13:20	13:23	
200m karla - riðill 3	12:56	13:16	13:23	13:26	
200m karla - riðill 4	13:00	13:20	13:27	13:30	
200m karla - riðill 5	13:04	13:24	13:31	13:34	
Hástökk karla	13:20	13:40	13:41	14:00	15:20
Þrístökk kvenna	13:20	13:40	13:41	14:00	15:00
800m kvenna	13:35	13:55	14:01	14:05	14:15
800m karla	13:40	14:00	14:07	14:10	14:20
Kúluvarp kvenna	13:40	14:00	14:01	14:20	15:25
60m grind kvenna	14:05	14:25	14:27	14:35	14:45
60m grind karla	14:15	14:35	14:37	14:45	14:55
3000m kvenna	14:20	14:40	14:47	14:50	15:12
3000m karla	14:40	15:00	15:07	15:10	15:35
4x400m kvenna	15:00	15:20	15:21	15:30	15:45
4x400m karla	15:10	15:30	15:34	15:40	15:50

<b>Tímaseðill Íslandsmót fatlaðra</b>					
<b>Laugardagur 22.2</b>					
<b>Grein</b>	<b>Call room opnar</b>	<b>Call room lokar</b>	<b>Á völinn</b>	<b>Grein byrjar</b>	<b>Verðlaunaafhending</b>
60 m Karla T20	13:20	13:40	13:47	13:50	
60 m T37, T36 og Kvenna T20	13:25	13:45	13:52	13:55	14:05
1500 m	13:50	14:10	14:17	14:20	14:37
400 m Karla T20	15:05	15:25	15:32	15:35	
400 m Kvenna T20 og T36	15:10	15:30	15:37	15:40	15:55
<b>Sunnudagur 23.2</b>					
Kúluvarp F37 og F20	11:40	12:00	12:00	12:20	14:00
200 m Karla T36 og T20 Riðill 1	13:15	13:35	13:42	13:45	
200 m Karla T20 Riðill 2	13:20	13:40	13:47	13:50	
200 m Kvenna T20	13:25	13:45	13:52	13:55	14:08
800 m T20 og T36	13:50	14:10	14:17	14:20	14:38
Langstökk	14:35	14:55	14:55	15:15	16:10